The inaugural **Be The Hope Walk** is coming to Maple Valley, WA on **July 20, 2019**!

One Day - One Big LOCAL Impact - **Be The Hope**

**The Beginning:**

Valley Girls & Guys formed a cancer-fighting 501c3 non-profit in 2014 and opened a cancer resource center (The Who House) that same year. The organization supports patients of ALL cancers through signature programs such as providing personalized blankets to those undergoing cancer treatment, granting scholarships to local high school seniors, assisting under/uninsured men and women with mammograms, and granting “Who Dreams” to those with a terminal diagnosis. The Valley Girls & Guys originated as a Susan G. Komen 3day team in 2007 and through their ten-year involvement, they raised over 3.3 million dollars to fight breast cancer globally. Now the focus is local treatment, local research, and local assistance.

**The Here and Now:**

- In January 2018, Valley Girls & Guys made a targeted $100,000.00 donation to Seattle Children’s Hospital making it possible for ten (10) children to be the first ever recipients of a Solid Tumor Immunotherapy clinical trial. This donation was made in honor of our very own Hunter Coffman from Maple Valley.
- By March 2018, Valley Girls and Guys committed $500,000.00 with annual payments of $100,000 over a period of 5 years to Valley Medical Center/UW Med Center in Renton WA. These funds will be (and already have been) used to purchase and provide state of the art technology for the current cancer clinic and to expand and add cancer services at the new Comprehensive Cancer Center which is currently under construction.
- Valley Girls and Guys has also made an annual commitment to the patient assistance fund at Valley Medical Center which will help those undergoing cancer treatment with some of life’s other necessities or needs.

**The Event:** **SATURDAY, JULY 20, 2019.** THREE OPTIONS to be a part of MAPLE VALLEY HISTORY!

1. **Walk 18 MILES** with a fundraising commitment of $1800.00. 18 miles represents the statistic that 1 in 8 will develop breast cancer at some point in their lifetime (our roots). OR
2. **A 1.8 mile** walk for those undergoing treatment, family members, supporters, EVERYONE aged toddler – 100+ yrs of age! Fundraising commitment - $180.00 per walker.
3. **Virtual walk.** Support the cause and walk 1.8 or 18 miles ins your own community! Fundraising commitment - $80 per walker.

The Route is set! We will be making our way through beautiful Maple Valley with rest stops, medic stations and break points in and around Lake Wilderness Park, Summit Park and even the MV Farmer’s Market!

**The CELEBRATION:**

After the walk, STAY AND PLAY. We will celebrate w/ live music, beer & wine gardens, food trucks, vendors and a closing ceremony you will not forget! All participants (in either walk) receive a shirt and a keepsake souvenir.

Want to WALK? VOLUNTEER? SPONSOR? Head a Neighborhood DECORATION STATION? Or DONATE? Learn more online at [www.valleygirlsandguys.org](http://www.valleygirlsandguys.org) or email Tina McDonough at tinam1@remax.net. Please come #BeTheHopeXOXO

With the most grateful heart,
Tina McDonough, Founder